



NORTH EAST
ARTS & CULTURE
FOR PEOPLE
SEEKING
SANCTUARY

ENGLISH

**COMPANY
OF OTHERS**

FEB - MAY 2026

CONTENTS

PAGE 2	INTRODUCTION
PAGE 3-18	ACTIVITIES
PAGE 3-6	ART/CRAFT/MUSIC
PAGE 7-9	DANCE/SPORT
PAGE 10	FOOD/COOKING
PAGE 11-12	LANGUAGE
PAGE 13-15	SOCIAL/COMMUNITY
PAGE 17-18	WEEKLY ACTIVITIES SUMMARY
PAGE 19-22	EVENTS
BACK PAGE	TRANSLATED COPIES OF THIS BOOKLET

INTRODUCTION

Welcome! We're glad you found us, here are some Arts & Culture events in the North East of England that have been made for People Seeking Sanctuary.

There are regular activities that range from dance and art, to gardening and cooking, as well as one-time events.

Everything in this booklet is free.


ABOUT COMPANY OF OTHERS

Company of Others is a Dance Company of Sanctuary based in Walker, Newcastle.

We have created this booklet as part of our ongoing commitment to ensuring People Seeking Sanctuary can access the region's offer of Arts & Culture activity more easily and make the North East their home.

Please don't hesitate to get in touch with us if you have any questions about the information included in this booklet.

CONTACT/ community@companyofothers.org.uk / 07708470477

 Company of Others  @company_others  companyofothers.org.uk

COMPANY OF OTHERS

ACTIVITIES

ART/CRAFT/MUSIC ACTIVITIES

This section includes activities that take place regularly, related to art, crafts and music.

WELLBEING DROP-IN

With 'The Comfrey Project'

A slow paced, relaxing drop-in session focused on health and wellbeing. Take part in nature-based activities in a calm, quiet, and creative space.

WHEN/ Every Wednesday, 10:30am-12:30pm

WHERE/ The Comfrey Project, Windmill Hills Centre,
Chester Pl, Gateshead NE8 1QB

FOOD/ Provided

TRAVEL/ Support available

TRANSLATORS/ Provided upon request

ACCESS/ All on one level / garden accessible to everyone

TO JOIN/ Just show up, no need to book

CONTACT/ ☎ 0191 447 7801 ✉ info@thecomfreyproject.org.uk

ABOUT THE COMFREY PROJECT

The Comfrey Project is a place where refugees and people who are seeking asylum can come to learn new skills, share what they know with others, and start to build a better life.

CULTURE HUB

With 'The Comfrey Project'

Gardening, multicultural arts & crafts, and a shared lunch. A friendly space to meet others and celebrate cultural traditions together.

WHEN/ Every Friday, 10:30am-2:30pm

WHERE/ The Comfrey Project, Gateshead NE8 1QB

TRAVEL/ Support available

TRANSLATORS/ Provided upon request

ACCESS/ All on one level / garden accessible to everyone

TO JOIN/ Just show up, no need to book

CONTACT/ ☎ 0191 447 7801 ✉ info@thecomfreyproject.org.uk

WORLD WRITES

With 'New Writing North'

A multilingual creative writing group for people aged 16+ who speak English as another language.

WHEN/ Every Monday (During school term time), 4:40-6:30pm

WHERE/ John Marley Centre, Muscott Grove NE15 6TT

ACCESS/ Step-free access

TRAVEL/ Support available

TO JOIN/ Just show up, or get in touch to sign up

CONTACT/ ☎ 0191 204 8850 ✉ office@newwritingnorth.com

ABOUT NEW WRITING NORTH

New Writing North leads the development of creative writing and reading in the North of England.



GUITAR SESSIONS

With 'Walking With'

Make music, share stories, and find your rhythm in a relaxed, friendly guitar group. No experience needed!

WHEN/ Every Tuesday, 12:15pm-1:30pm

WHERE/ The Walking With Centre, Hugh St, Wallsend NE28 6RL

ACCESS/ Step-free access to entrance

TO JOIN/ You must be a resident of North Tyneside and registered with Walking With. Get in touch to register

CONTACT/ ☎ 0191 649 8974 ✉ info@walkingwith.co.uk

SEWING GROUP

With 'Walking With'

A vibrant sewing group where creativity meets community.

WHEN/ Every Monday, 10:30am-12pm

WHERE/ The Walking With Centre, Hugh St, Wallsend NE28 6RL

ACCESS/ Step-free access to entrance

TO JOIN/ You must be a resident of North Tyneside and registered with Walking With. Get in touch to register

CONTACT/ ☎ 0191 649 8974 ✉ info@walkingwith.co.uk

MONTHLY COMMUNITY SEWING GROUP

With 'Walking With'

A monthly community sewing group focused in creating something to celebrate Refugee Week. All welcome.

WHEN/ Monthly from 6th February, 10-11am

WHERE/ Wallsend Library, The Forum, Wallsend NE28 8JR

ACCESS/ Step-free / lift access / automatic doors / hearing loops / accessible toilets / baby changing facilities

TO JOIN/ Just show up, no need to book

CONTACT/ ☎ 0191 649 8974 / 0749 722 1716

✉ info@walkingwith.co.uk

ABOUT WALKING WITH IN NORTH TYNESIDE

A drop-in centre that supports people seeking sanctuary living in North Tyneside with a wide range of activities throughout the week.



DANCE/SPORTS ACTIVITIES

This section includes activities that take place regularly, related to dance and sports.

MOVING TOGETHER

With 'Company of Others'

A movement project for women who are Refugee and Asylum Experienced, and/or of the Global Majority. Connect to your body, be creative, spend time with others, and improve mental and physical health through movement.

WHEN/ Tuesday (every two weeks), 10:30am-12:30pm

WHERE/ The Bricks, c/o St. Anthony of Egypt Church, Belmont Street, Walker, Newcastle upon Tyne NE6 3SN

TRAVEL/ Support available

FOOD/ Provided

TRANSLATORS/ Provided upon request

ACCESS/ Step-free access / accessible toilet / baby-change

TO JOIN/ Get in touch ☎ 0770 847 0477

✉ community@companyofothers.org.uk



WALKER YOUTH DANCE PROJECT

With 'Company of Others'

Weekly dance and movement workshops led by professional artists, with performance opportunities and regular trips. No dance experience is required.

WHEN/ Every Monday (During term time): 4-4:30pm (For ages 4-7), 4:30-5:30pm (For ages 7-12)

Every Thursday (During term time): 5-7pm (For ages 12-17)

WHERE/ The Bricks, Belmont Street, Walker NE6 3SN

TRAVEL/ Support available

FOOD/ Snacks and refreshments provided

TRANSLATORS/ Provided upon request

ACCESS/ Step-free access / accessible toilet

TO JOIN/ Get in touch ☎ 0770 847 0477

✉ community@companyofothers.org.uk

BALLET WORKSHOPS

With 'Company of Others'

Weekly ballet workshops for young people aged 12-17 to learn ballet technique from professional dancers and see professional ballet performances. No ballet experience required.

WHEN/ Every Tuesday (During term time), 4:30-5:30pm

WHERE/ The Bricks, Belmont Street, Walker NE6 3SN

TRAVEL/ Support available

FOOD/ Snacks and refreshments provided

TRANSLATORS/ Provided upon request

ACCESS/ Step-free access / accessible toilet

TO JOIN/ Get in touch ☎ 0770 847 0477

✉ community@companyofothers.org.uk



SPRING DANCE INTENSIVE

With 'Company of Others'

A week of dance, creativity, and performance during the school holiday with a professional choreographer for children aged 6-17.

WHEN/ Monday 13–Friday 17 April:

9:30am-1pm (For ages 6-12)

1pm-4:30pm (For ages 12-17)

WHERE/ The Bricks, c/o St. Anthony of Egypt Church, Belmont Street, Walker, Newcastle upon Tyne NE6 3SN

TRAVEL/ Support available

FOOD/ Lunch provided daily

TRANSLATORS/ Provided upon request

ACCESS/ Step-free access / accessible toilet

TO JOIN/ Get in touch ☎ 0770 847 0477

✉ community@companyofothers.org.uk

FOOD/COOKING ACTIVITIES

This section includes activities that take place regularly, related to making food and cooking.

KITCHEN GARDEN

With 'The Comfrey Project'

Explore food growing, food saving, and sharing cultures through food. Learn new skills and celebrate food traditions from around the world.

WHEN/ Every Tuesday, 12:30-2:30pm

WHERE/ The Comfrey Project, Gateshead NE8 1QB

FOOD/ Provided

TRAVEL/ Support available

TRANSLATORS/ Provided upon request

ACCESS/ All on one level / garden accessible to everyone

TO JOIN/ Just show up, no need to book

CONTACT/ ☎ 01914477801

✉ info@thecomfreyproject.org.uk

COOKING GROUP

With 'West End Refugee Service'

Meet new people while sharing different cultural cuisines and eating together!

WHEN/ Every Wednesday, 11am-1pm

WHERE/ Westgate Baptist Church, 366 Westgate Rd NE4 6NX

TRAVEL/ Covered

TO JOIN/ Just show up, no need to book

CONTACT/ ☎ 0191 273 7482 ✉ info@wers.org.uk

LANGUAGE ACTIVITIES

This section includes activities that take place regularly, related to learning and practicing language.

LANGUAGE CAFE

With 'Baltic Centre for Contemporary Art'

A fun, friendly place to meet new people and informally practice English speaking and listening. Sessions are family friendly and include artist-led creative activities for adults and children. With special guests to meet and chat with to cover topics like community resources, skills, opportunities and employability.

WHEN/ First Saturday of every month, 2:30-5pm

WHERE/ Baltic Centre for Contemporary Art, South Shore Road NE8 3BA

ACCESS/ Step-free access / braille buttons / hearing loop system / accessible toilets / baby-change

TRAVEL/ Support available

FOOD/ Provided

TO JOIN/ Just show up, no need to book

CONTACT/ ☎ 0191 478 1810 ✉ info@balticmill.com

ABOUT BALTIC CENTRE FOR CONTEMPORARY ART

A centre for contemporary art and a Gallery of Sanctuary, BALTIC is a place where visitors can experience innovative and provocative new art, relax, have fun, learn and discover fresh ideas.

ENGLISH CONVERSATION GROUP

With 'The Multilingual Library'

Informal English lessons at the Multilingual Library. Chat with others about a different topic each week and learn new words.

WHEN/ Every Monday, 11:15am-12:30pm

WHERE/ High Street West, Gateshead NE8 1EH

ACCESS/ Ramp access to entrance / Car parking available

TRAVEL/ Costs covered for volunteers

FOOD/ Snacks and refreshments provided

TO JOIN/ Just show up, no need to book

CONTACT/ ☎ 0777 668 4940

✉ kittiwake@multilinguallibrary.org.uk

LEARNING ENGLISH

With 'Walking With'

Supportive and welcoming English lessons to help you build confidence and connect through language.

WHEN/ Advanced English: Every Monday, 1-2pm

Mixed English Class: Every Tuesday, 10:30am-12pm

Women's Only English: Every Wednesday, 10-11am

Mixed English Class: Every Wednesday, 11:15am-12:45pm

Beginners' English: Every Thursday, 1-2pm

WHERE/ The Walking With Centre, Hugh St,

Wallsend NE28 6RL

ACCESS/ Step-free access to entrance

TO JOIN/ You must be a resident of North Tyneside and registered with Walking With. Get in touch to register

CONTACT/ ☎ 0191 649 8974 ✉ info@walkingwith.co.uk

SOCIAL/COMMUNITY ACTIVITIES

This section includes activities that take place regularly, related to socialising and community.

THE MULTILINGUAL LIBRARY

A cozy library space with books in multiple languages, including poetry, fiction, non-fiction, comic books, and children's books. As well as a music space and regular activities and clubs. Volunteering opportunities available.

WHEN/ Open Monday-Saturday, 11am-6pm

WHERE/ The Kittiwake Trust Multilingual Library;
High Street West, Gateshead NE8 1EH

ACCESS/ Ramp access to entrance / Car parking available

TRAVEL/ Costs covered for volunteers

FOOD/ Snacks and refreshments provided

TO JOIN/ Just show up, no need to book

CONTACT/ ☎ 0777 668 4940

✉ kittiwake@multilinguallibrary.org.uk





HAPPY TO CHAT

With 'Walking With'

Drop in, grab a cup of tea, and enjoy good conversation in a relaxed space where everyone is welcome.

WHEN/ Every Thursday, 10:30am-12pm

WHERE/ The Walking With Centre, Hugh St,
Wallsend NE28 6RL

ACCESS/ Step-free access to entrance

TO JOIN/ You must be a resident of North Tyneside and registered with Walking With. Get in touch to register

CONTACT/ ☎ 0191 649 8974 ✉ info@walkingwith.co.uk

WEEKLY WELCOME

With 'West End Refugee Service'

A relaxed gathering to meet new friends. With different activities like cooking classes, table tennis and board games.

WHEN/ Every Wednesday, 11:30am-1:30pm

WHERE/ Westgate Baptist Church, 366 Westgate Rd NE4 6NX

TRAVEL/ Support available

TO JOIN/ Just show up, no need to book

CONTACT/ ☎ 0191 273 7482 ✉ info@wers.org.uk

COMMUNITY MEAL

With 'West End Refugee Service'

A joyful community meal at The Seven Bridges Café prepared by the chef and volunteers from an authentic recipe.

WHEN/ Every Friday, 2pm-4pm

WHERE/ The Seven Bridges Café, Dance City, Temple St, Newcastle upon Tyne NE1 4BR

TRAVEL/ Covered

TO JOIN/ Just show up, no need to book

CONTACT/ ☎ 0191 273 7482 ✉ info@wers.org.uk

ABOUT WEST END REFUGEE SERVICE

A refugee charity that offer support, advice, advocacy, and activities for people seeking sanctuary in the North East.



WEEKLY ACTIVITIES SUMMARY

On the following page is a summary of all the weekly activities listed in this booklet; which organisation runs them, what time they take place, who the activity is for, and what page to find more information about the activity on.



Day	Activity	Organisation	Time	Who it is for	Page
Monday	Sewing Group	Walking With	10:30am-12pm	Residents of North Tyneside	5
	English Conversation Group	The Multilingual Library	11:15am-12:30pm	Everyone	12
	Advanced English	Walking With	1-2pm	Residents of North Tyneside	12
	Walker Primary Dance Project	Company of Others	4-4:30pm	Children aged 4-7 years	8
	Walker Youth Dance Project	Company of Others	4:30-5:30pm	Children aged 7-12 years	8
	World Writes	New Writing North	4:40-6:30pm	People aged 16+	4
Tuesday	Moving Together	Company of Others	10:30am-12:30pm (fortnightly)	Women	7
	Mixed English Class	Walking With	10:30am-12pm	Residents of North Tyneside	12
	Guitar Sessions	Walking With	12:15pm-1:30pm	Residents of North Tyneside	5
	Kitchen Garden	The Comfrey Project	12:30-2:30pm	Everyone	10
Wednesday	Women's Only English	Walking With	10-11am	Residents of North Tyneside	12
	Wellbeing Drop-In	The Comfrey Project	10:30am-12:30pm	Everyone	3
	Cooking Group	West End Refugee Service	11am-1pm	Everyone	10
	Mixed English Class	Walking With	11:15am-12:45pm	Residents of North Tyneside	12
	Weekly Welcome	West End Refugee Service	11:30am-1:30pm	Everyone	14
	Ballet Workshops	Company of Others	5:30-7:30pm	Young people aged 12-17 years	8
Thursday	Happy to Chat	Walking With	10:30am-12pm	Residents of North Tyneside	14
	Mixed English Class	Walking With	11:15am-12:45pm	Residents of North Tyneside	12
	Walker Youth Dance Project	Company of Others	5-7pm	Young people aged 12-17 years	8
Friday	Culture Hub	The Comfrey Project	10:30am-2:30pm	Everyone	4
	Community Meal	West End Refugee Service	2pm-4pm	Everyone	15

EVENTS

NO TO HASSOCKFIELD ANNUAL FUNDRAISER


A fun-filled annual fundraiser event for No To Hassockfield with dancing and entertainment. All money raised goes to campaigning.

WHEN/ Friday 13 February, 7-10:30pm

WHERE/ John Marley Centre, Muscott Grove NE15 6TT

FOOD/ Provided

ACCESS/ Event space wheelchair accessible / accessible toilets / on-site disabled parking bays

BOOKING/ Email  no2hassockfield@outlook.com to book a free ticket



ABOUT NO TO HASSOCKFIELD

No To Hassockfield is a campaign group fighting to close Derwentside Immigration Removal Centre for women.

LOVE OF LANGUAGES FESTIVAL

With 'The Multilingual Library'

On Valentine's Day, celebrate the love of languages with poetry and music in many languages, Yemeni Tea making, and a workshop in making Clove-Apples, a Kurdish tradition to symbolise love.

WHEN/ Saturday 14 February, 2pm

WHERE/ The Kittiwake Trust Multilingual Library;
High Street West, Gateshead NE8 1EH

FOOD/ Snacks & refreshments provided

ACCESS/ Wheelchair accessible / free car parking available

BOOKING/ No need to book, just show up on the day

HOLI FESTIVAL OF COLOURS

With 'Baltic Centre for Contemporary Art' and 'GemArts'

A one-day event for Hindi festival Holi with creative workshops, Henna stations, dance performances, music, and delicious Indian food. The festival culminates in a spectacular colour throw, marking the arrival of spring in a burst of joyful energy. Wear something you don't mind getting colourful. For people of any faith and those with none.

WHEN/ Saturday 14 March, 12-4pm

WHERE/ Baltic Centre for Contemporary Art, South Shore
Road NE8 3BA

TRAVEL/ Support available

FOOD/ Provided

ACCESS/ Fully accessible

BOOKING/ Free tickets are available at <https://baltic.art/>



ABOUT GEMARTS

GemArts is an arts organisation that runs creative projects with artists from diverse backgrounds, celebrating culture and community through music, film, and more.

NOWRUZ CELEBRATION

With 'Baltic Centre for Contemporary Art'

Celebrate the beginning of Spring and new life at Nowruz (also known as Persian New Year) in the Level 1 Event Space. Welcome the longer days and explore the connection between humans and nature, with a variety of Nowruz edible dishes and delicacies, live music, dancing and community togetherness.

WHEN/ Saturday 21 March, 2pm- 5pm

WHERE/ Baltic Centre, South Shore Road NE8 3BA

TRAVEL/ Support available

FOOD/ Provided

TRANSLATORS/ Provided

ACCESS/ Fully accessible

BOOKING/ Free tickets are available at <https://baltic.art/>

BREAKING BREAD

With 'The Multilingual Library' and 'The Comfrey Project'

“Different breads. Different stories. One table” Around the world, humans bake bread. Discover breads throughout the world, hear stories from different cultures, and share your memories & traditions.

WHEN/ Thursday 16 April, 2pm

WHERE/ The Kittiwake Trust Multilingual Library;
High Street West, Gateshead NE8 1EH

FOOD/ Snacks & refreshments provided

ACCESS/ Wheelchair accessible / free car parking available

BOOKING/ No need to book, just show up on the day

CRAFTED ROOTS: GREEN COMMUNITY MARKET

*With 'Baltic Centre for Contemporary Art' in partnership with
Integration Station*

Celebrate sustainability and creativity at Crafted Roots Community Market with stall holders and makers passionate about eco-friendly practices and cultural exchange. As well as pop-up demonstrations, such as wood carving, music, and delicious vegetarian dishes and food education provided by Hope Beyond Borders.

WHEN/ Saturday 25 April, 12-4pm

WHERE/ Baltic Centre, South Shore Road, NE8 3BA

TRAVEL/ Support available

FOOD/ Provided

ACCESS/ Fully accessible

BOOKING/ No need to book, just show up on the day

**This booklet is available in Arabic, Bengali,
English, Farsi, Kurdish Sorani, Pashto, and
Tigrinya.**

**To access the translated booklets scan the QR
code below or go to
www.companyofothers.org.uk/sanctuary**



Images:

1. The Comfrey Project 2. Stock Image 3. Company of Others, Photo: Victoria Wai 4. Company of Others, Photo: Luke Waddington 5. The Multilingual Library 6. Walking With 7. WERS 8. No To Hassockfield, Photo: Simone Rudolphi Photography 9. Baltic / GemArts

COMPANY OF OTHERS