



NORTH EAST
ARTS & CULTURE FOR
PEOPLE SEEKING
SANCTUARY

**COMPANY
OF OTHERS**

OCT - JAN 2025/26

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BOOKLET

INTRODUCTION

Welcome! We're glad you found us, here are some Arts and Culture events in the North East of England that have been made for you.

There are regular activities that range from dance and art, to gardening and cooking.

Everything in this booklet is free.

ABOUT COMPANY OF OTHERS

Company of Others is a Dance Company of Sanctuary based in Walker, Newcastle.

We have created this booklet as part of our ongoing commitment to ensuring people seeking sanctuary in the North East can access what our region has to offer more easily and make the North East their home.

Please don't hesitate to get in touch with us if you have any questions about the information included in this booklet.

CONTACT/ community@companyofothers.org.uk / 07708470477

 Company of Others

 @company_others

 companyofothers.org.uk

COMPANY OF OTHERS



ACTIVITIES

ART/CRAFT/MUSIC ACTIVITES

This section includes activities that take place regularly, related to art, crafts and music.

WELLBEING DROP-IN

With 'The Comfrey Project'

A calm, quiet, and creative space. Take part in nature-based activities to support your mental health and wellbeing.

WHEN/ Every Wednesday, 10:30am-12:30pm

WHERE/ The Comfrey Project, Gateshead, NE8 1QB

FOOD/ Provided

TRAVEL/ Covered

TRANSLATORS/ Provided upon request

ACCESS/ All on one level / garden accessible to everyone

TO JOIN/ Just show up, no need to book

CONTACT/ ☎ 01914477801 ✉ info@thecomfreyproject.org.uk



CULTURE HUB

With 'The Comfrey Project'

Volunteer-led drop-in with gardening, arts and crafts from different cultures, and a shared lunch prepared by volunteers. A friendly space to meet others and celebrate cultural traditions together.

WHEN/ Every Friday, 10:30am-2:30pm

WHERE/ The Comfrey Project, Gateshead, NE8 1QB

TRAVEL/ Covered

TRANSLATORS/ Provided upon request

ACCESS/ All on one level / garden accessible to everyone

TO JOIN/ Just show up, no need to book

CONTACT/ ☎ 01914477801 ✉ info@thecomfreyproject.org.uk

ABOUT THE COMFREY PROJECT

The Comfrey Project is a place where refugees and people who are seeking asylum can come to learn new skills, share what they know with others, and start to build a better life.

GAY MEN'S ART SOCIAL

With 'Gwynsson'

A project for men Seeking Sanctuary who identify as gay, bisexual, or curious. A safe space for building new connections and supporting each other through art and personal expression.

WHEN/ Every Thursday, 5:30-7:30pm

WHERE/ The John Marley Centre, Muscott Grove, NE15 6TT

TO JOIN/ Just show up, no need to book

CONTACT/ ☎ 07528362182 ✉ michael@gwynsson.uk

SEWING GROUP

With 'Walking With'

A vibrant sewing group where creativity meets community.

WHEN/ Every Monday, 10:30am-12pm

WHERE/ The Walking With Centre, Hugh St, Wallsend, NE28 6RL

ACCESS/ Step-free access to entrance

TO JOIN/ Get in touch to book your place

CONTACT/ ☎ 0191 649 8974 / 0749 722 1716

✉ info@walkingwith.co.uk

GUITAR SESSIONS

With 'Walking With'

Make music, share stories, and find your rhythm in a relaxed, friendly guitar group. No experience needed!

WHEN/ Every Tuesday, 12:15pm-1:30pm

WHERE/ The Walking With Centre, Hugh St, Wallsend, NE28 6RL

ACCESS/ Step-free access to entrance

TO JOIN/ Get in touch to book your place

CONTACT/ ☎ 0191 649 8974 / 0749 722 1716

✉ info@walkingwith.co.uk

ABOUT WALKING WITH IN NORTH TYNESIDE

A drop-in centre that supports people seeking sanctuary living in North Tyneside with a wide range of activities throughout the week.



ART/CRAFT/MUSIC ACTIVITIES

DANCE/SPORTS ACTIVITES

This section includes activities that take place regularly, related to dance and sports.

MOVING TOGETHER

With 'Company of Others'

A project that uses movement, togetherness and food as tools for improving mental health for women who are either Refugee and Asylum experienced, and/or Women of Colour in the Northeast.

WHEN/ Tuesday (every two weeks), 10:30am-12:30pm

WHERE/ The Bricks, c/o St. Anthony of Egypt Church, Belmont Street, Walker, Newcastle upon Tyne, NE6 3SN

TRAVEL/ Covered

FOOD/ Provided

TRANSLATORS/ Provided upon request

ACCESS/ Wheelchair accessible / accessible toilet and changing area

TO JOIN/ ☎ 07708470477 ✉ community@companyofothers.org.uk





WALKER YOUTH DANCE PROJECT

With 'Company of Others'

Weekly dance and movement workshops taught by professional artists, performance opportunities and regular trips to see professional dance performances for children. No dance experience is required.

WHO & WHEN/ For ages 4-7 years – Every Monday, 4-4:30pm

For ages 7-12 years – Every Monday, 4:30-5:30pm

For ages 12-17 years – Every Thursday, 5-7pm

WHERE/ The Bricks, c/o St. Anthony of Egypt Church, Belmont Street, Walker, Newcastle upon Tyne, NE6 3SN

TRAVEL/ Covered

FOOD/ Snacks and refreshments provided

TRANSLATORS/ Provided upon request

ACCESS/ Wheelchair accessible / accessible toilet and changing area

TO JOIN/ ☎ 07708470477 ✉ community@companyofothers.org.uk



WELCOME TO BADMINTON

Regular badminton sessions for refugees, asylum seekers and migrants. Playing badminton for fun, to make friends, learn new skills and keep healthy.

No experience needed. Shuttlecocks and rackets are provided. You just need to bring water to drink and wear comfortable clothes and trainers.

WHEN/ Session times and days vary. Get in touch or visit www.facebook.com/welcometobadminton/ for up to date information

WHERE/ Northumberland Sports Central, NE1 8TS

OR Tyneside Badminton Centre, NE5 2TA

ACCESS/ Step-free access at both venues

TRAVEL/ Reimbursed if you bring your travel tickets

TO JOIN/ No need to book a place, but you can call or message Ruth at the contact below to let her know you would like to attend

CONTACT/ ☎ / 📞 07856 516 204 ✉ ashfordruth27@yahoo.com



FOOD/COOKING ACTIVITES

This section includes activities that take place regularly, related to making food and cooking.

KITCHEN GARDEN

With 'The Comfrey Project'

Explore food growing, food saving, and sharing cultures through food. Learn new skills and celebrate food traditions from around the world.

WHEN/ Every Tuesday, 12:30-2:30pm

WHERE/ The Comfrey Project, Gateshead, NE8 1QB

FOOD/ Provided

TRAVEL/ Covered

TRANSLATORS/ Provided upon request

ACCESS/ All on one level / garden accessible to everyone

TO JOIN/ Just show up, no need to book

CONTACT/ ☎ 01914477801 ✉ info@thecomfreyproject.org.uk





COOKING GROUP

With 'West End Refugee Service'

Meet new people while sharing different cultural cuisines and eating together!

WHEN/ Every Wednesday, 11am-1pm

WHERE/ Westgate Baptist Church, 366 Westgate Rd, NE4 6NX

TRAVEL/ Covered

TO JOIN/ Just show up, no need to book

CONTACT/ ☎ 0191 273 7482 ✉ info@wers.org.uk

ABOUT WEST END REFUGEE SERVICE

A refugee charity that offer support, advice, advocacy, and activities for people seeking sanctuary in the North East.

LANGUAGE ACTIVITES

This section includes activities that take place regularly, related to learning and practicing language.

LEARNING ENGLISH

With 'Walking With'

Supportive and welcoming English lessons to help you build confidence and connect through language.

WHEN/ Every Tuesday and Wednesday, 10:30am-12pm

WHERE/ The Walking With Centre, Hugh St, Wallsend, NE28 6RL

ACCESS/ Step-free access to entrance

TO JOIN/ Get in touch to book your place

CONTACT/ ☎ 0191 649 8974 ✉ info@walkingwith.co.uk

ENGLISH PRACTICE

With 'North East Museums'

A chance to develop English in a friendly and informal setting. Using the art collections in the gallery and local history as inspiration.

WHEN/ Every Wednesday, 12:30-2:30pm

WHERE/ Shipley Art Gallery, Gateshead, NE8 4JB

ACCESS/ Step-free access with ramp / Accessible toilets

TO JOIN/ Just show up, no need to book

ABOUT NORTH EAST MUSEUMS

North East Museums is a regional museum, art gallery and archives service across North East England.



LANGUAGE CAFE

With 'Baltic Centre for Contemporary Art'

A fun, friendly place to meet new people and informally practice English speaking and listening. Sessions are family friendly and include artist-led creative activities for adults and children. With special guests to meet and chat with to cover topics like community resources, skills, opportunities and employability.

WHEN/ First Saturday of every month, 2:30-5pm

WHERE/ South Shore Road, NE8 3BA

ACCESS/ Step-free access, braille buttons, hearing loop system, accessible toilets, baby-change

TRAVEL/ Covered

FOOD/ Provided

TO JOIN/ Just drop-in, no need to book

CONTACT/ ✉ info@balticmill.com ☎ 0191 478 1810

ABOUT BALTIC CENTRE FOR CONTEMPORARY ART

A centre for contemporary art and a Gallery of Sanctuary, BALTIC is a place where visitors can experience innovative and provocative new art, relax, have fun, learn and discover fresh ideas.



SOCIAL/COMMUNITY ACTIVITES

This section includes activities that take place regularly, related to socialising and community.

HAPPY TO CHAT

With 'Walking With'

Drop in, grab a cup of tea, and enjoy good conversation in a relaxed space where everyone is welcome.

WHEN/ Every Thursday, 10:30am–12pm

WHERE/ The Walking With Centre, Hugh St, Wallsend, NE28 6RL

ACCESS/ Step-free access to entrance

TO JOIN/ Get in touch to book your place

CONTACT/ ☎ 0191 649 8974 / 0749 722 1716

✉ info@walkingwith.co.uk



WEEKLY WELCOME

With 'West End Refugee Service'

A relaxed gathering to meet new friends. With different activities like cooking classes, table tennis and board games.

WHEN/ Every Wednesday, 11:30am-1:30pm

WHERE/ Westgate Baptist Church, 366 Westgate Rd, NE4 6NX

TRAVEL/ Covered

TO JOIN/ Just show up, no need to book

CONTACT/ ☎ 0191 273 7482 ✉ info@wers.org.uk

COMMUNITY MEAL

With 'West End Refugee Service'

A joyful community meal at The Seven Bridges Café prepared by the chef and volunteers from an authentic recipe.

WHEN/ Every Friday, 2pm-4pm

WHERE/ The Seven Bridges Café, Dance City, Temple St, Newcastle upon Tyne, NE1 4BR

TRAVEL/ Covered

TO JOIN/ Just show up, no need to book

CONTACT/ ☎ 0191 273 7482 ✉ info@wers.org.uk



WEEKLY ACTIVITIES SUMMARY

Day	Activity	Organisation	Time	Who it is for	Page
Monday	Sewing Group	Walking With	10:30am-12pm	Residents of North Tyneside	5
	Walker Youth Dance Project	Company of Others	4-4:30pm (Ages 4-7 years), 4:30-5:30pm (Ages 7-12 years)	Children	7
Tuesday	Learning English	Walking With	10:30am-12pm	Residents of North Tyneside	11
	Moving Together	Company of Others	10:30am-12:30pm (every two weeks)	Women	6
	Guitar Sessions	Walking With	12:15-1:30pm	Residents of North Tyneside	5
	Kitchen Garden	The Comfrey Project	12:30pm-2:30pm	Everyone	9
Wednesday	Wellbeing Drop-in	The Comfrey Project	10:30am-12:30pm	Everyone	3
	Learning English	Walking With	10:30am-12pm	Residents of North Tyneside	11
	Cooking Group	West End Refugee Service	11am-1pm	Everyone	10
	Weekly Welcome	West End Refugee Service	11:30am-1:30pm	Everyone	14
	English Practice	North East Museums	12:30-2:30pm	Everyone	11
Thursday	Happy to Chat	Walking With	10:30am-12pm	Residents of North Tyneside	13
	Walker Youth Dance Project	Company of Others	5-7pm	Young people aged 12-17 years	7
	Gay Men's Art Social	Gwynsson	5:30-7:30pm	Men (gay, bisexual, or curious)	4
Friday	Culture Hub	The Comfrey Project	10:30am-2:30pm	Everyone	4
	Community Meal	West End Refugee Service	2-4pm	Everyone	14

EVENTS

WINTER GATHERING

With 'Company of Others'

A celebration hosted by the women of Company of Others' Moving Together group. Good food, music, activities, dancing and laughter. It's an opportunity to connect with community.

DATE & TIME/ Tuesday 9 December

5:30-7:00pm – Exclusive time for women only

7:00-7:30pm – Doors are open to all

WHERE/ The Bricks, c/o St. Anthony of Egypt Church, Belmont Street, Walker, Newcastle upon Tyne, NE6 3SN

TRAVEL/ Covered

FOOD/ Provided

TRANSLATORS/ Provided upon request

ACCESS/ Wheelchair accessible / accessible toilet and changing area

TO JOIN/ RSVP ☎ 07708470477

✉ community@companyofothers.org.uk





**This booklet is available in Arabic,
Bengali, English, Farsi, Kurdish Sorani,
Pashto, and Tigrinya.**

**To access the translated booklets scan
the QR code below or go to
www.companyofothers.org.uk/sanctuary.**



Image credit:

1. The Comfrey Project 2. Company of Others Photo: Victoria Wai 3. Company of Others
Photo: Luke Waddington 4. Stock image 5. The Comfrey Project 6. WERS 7. BALTIC
Language Café 8. Walking With 9. Company of Others Photo: Luke Waddington 10.
Company of Others, Photo: Victoria Wai

COMPANY OF OTHERS